

Student Wellness and Success Plan

District Information

The goal for the Pike County CTC Student Wellness and Success program is to provide a viable means of accessing mental health community and outreach services. The CTC serves a student population base with a high poverty rate and its ensuing effects. Substance abuse is pervasive in the families of Pike County and as a consequence students have been traumatically impacted by its devastating effects.

While there are community mental health providers in the county, transportation to agencies is often a difficult barrier to breach. Pike County is primarily rural and public transportation is extremely limited. Families often do not have a reliable means of traveling to a mental health site on a regular basis or a reliable guardian to transport them.

The Pike County CTC has therefore partnered with Scioto Paint Valley Mental Health Center and the Ohio State University Extension Service of Pike County to bridge the existing mental health and wellness service gaps for our students in need.

| Stakeholders | Activities | Outputs | Short-term | Long-term |
|--|---|--|---|--|
| <p>Pike County CTC</p> <p>Primary Partner: Scioto Paint Valley Mental Health Center of Pike County: to provide community-based treatment for wellness, emotional, and mental health concerns.</p> <p>Secondary Partner: Ohio State University Extension: offering programs to assist students in making informed choices by gaining the knowledge and skills they need to focus on positive change.</p> | <p>Referrals will be made by the CTC counselor to the SPVMHC social worker liaison on an on-going basis as students present with mental health issues.</p> <p>Students will be seen on an individual basis at the CTC and referred to SPVMHC as deemed necessary for additional services.</p> <p>The Ohio State Extension Service partner will provide classes to students on a wide range of topics including: vaping and substance abuse prevention, managing stress and anxiety, self-esteem, relationships and managing emotions.</p> | <p>The SPVMHC social worker liaison will be employed by the CTC and work directly with SPVHMS to access existing mental health programs.</p> <p>Mental health services will be available after the regularly scheduled school day through SPVMHC as well as when school is not in session.</p> <p>The social worker will also be available for consultation on an emergency basis.</p> <p>The CTC counselor and social worker will work collaboratively to monitor student outcomes.</p> | <p>A guardian consent form will be provided for students to be referred for additional mental services as deemed necessary.</p> <p>Students will be referred from the school social worker, nurse, school counselor, and assistant director to both stakeholders, thereby increasing the number of students to receive services.</p> <p>Services will be tracked and reported for evaluation and improvement.</p> | <p>Reduced incidents of student self-harm/suicidal ideation.</p> <p>Increased ability of students to manage independently of school and agency services.</p> <p>Awareness of mental health availability and services as needed post-high school.</p> <p>Decreased use of substance abuse issues, and increased positive self-management.</p> |